



## SoleMates team registration instructions

1. Find a team of 5 or more friends, family members, or coworkers who would like to complete an athletic challenge of choice to raise money for Girls on the Run. (For example, you and 4 coworkers decide to run in the President's Cup 5K on Monday, June 20.)
2. If your athletic challenge of choice requires registration, have all team members register for that event.
3. Have the team captain contact Lori at [lori.kapferer@girlsontherun.org](mailto:lori.kapferer@girlsontherun.org) to set up a team fundraising page. She will ask for a photo and for some text that you'd like to include on your team page. Your fundraising minimum will be \$195 multiplied by the number of members on your team. This minimum will change as more team members are added.
4. We will provide you with a link that each team member can use to set up their individual fundraising page. The individual pages will be linked to the team page. All individual fundraising counts toward the team's fundraising minimum.
5. Train and fundraise as a team. Share your great ideas and training tips with your team members. Have fun!
6. Complete your event, and know that your team's efforts have made a meaningful difference in the lives of local girls.

Funds raised by SoleMates go to our *Every Girl Can Run!* initiative. *Every Girl Can Run!* provides subsidized program fees in underserved communities as well as financial assistance to those who request it during online program registration. *Every Girl Can Run!* allows us offer GOTR programming in areas of our council territory where scholarship needs tend to be high.

Girls on the Run New Jersey East is a 501(c)(3) non-profit organization, and contributions are tax deductible. Our federal tax ID is 22-37733443. Cash and check donations are acceptable. Checks should be payable to "GOTR NJ East". We will gladly accept matching gifts. Email [lori.kapferer@girlsontherun.org](mailto:lori.kapferer@girlsontherun.org) with questions.